

Gentleshaw Primary Academy

Safeguarding Update Spring 2024



WHO TO CONTACT IF YOU HAVE A CONCERN ABOUT A CHILD

If you are worried about a child's safety please do not hesitate to contact any of the Designated Safeguarding Leads straight away.

The following members of staff are Designated Safeguarding Leads for Gentleshaw Primary Academy:

- Miss Saunders (DSL)
- Mrs Armiger

They can be contacted via the school office, or by telephone.

Safeguarding Governor:
Mrs S Stoddart

You can read our Child Protection & Safeguarding policy by clicking [here](#).

Dear parents and carers,

Welcome to our spring term safeguarding newsletter. This terms newsletter features information on the NSPCC 'PANTS' rule which includes tips and advice on talking to young children about their body and privacy. There is a brilliant video clip featuring the PANTS mascot, Pantosaurus, which supports this topic. Watch here: <https://www.youtube.com/watch?v=SzbMEVYiyg>

In addition to this, the second page of the newsletter features information on the Smartphone Free Childhood movement which has been shared by our school safeguarding governor. You can read more about the movement and get involved by following the link to the website on the next page.



Developed in consultation with children, parents, carers and teachers, Talk PANTS is here to help children understand their body belongs to them, and they should tell a safe adult they trust if anything makes them feel upset or worried.

Talk PANTS is here to help children understand that they have a right to say no and if they need to speak out about something, someone will listen.

We know that a simple conversation can make a BIG difference, and that's what Talk PANTS is all about.

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

- **After school** - If they've had a lesson on personal relationships or Talk PANTS at school, ask them what they remember when they get home.
- **Bath time** - you could start a conversation when you're running your child's bath, or helping them get dressed.
- **Car journeys** - this can be a great time to talk, and your child will have plenty of time to ask questions if they need.
- **Reading** our new PANTS storybook together.
- **Singing** - Sing along to our PANTS song with Pantosaurus!
- **Swimming** - A great time to say that what's covered by swimwear is private.
- **Walking** - Walking home from school, or a weekend walk to the shops can help you both feel more at ease as you stroll and chat.
- **Watching TV** - If a TV show features a sensitive storyline, you can encourage them to talk about anything that upsets them.



Parents United for a Smartphone Free Childhood is a grassroots movement that kicked off in February 2024.

Friends Clare Fernyhough and Daisy Greenwell set up a WhatsApp group to support each other, and anybody else who might be feeling the same, in the decision to hold off on buying their kids smartphones.

Within a week, they had amassed the largest collective of parents in Britain who believe that we need to protect our kids from smartphones, kicking off a national conversation.

To find out more and to get involved, click the link below...

<https://smartphonefreechildhood.co.uk/>



P: Pants are private

A: Always remember your body belongs to you

N: No means no

T: Talk about secrets that upset you

S: Speak up, someone can help

NSPCC

**Listen up
speak up**

**Free training to help
keep children safe**

It's up to all of us to keep children safe. That's why we're encouraging every adult in the UK to take our 10-minute digital training.

Our **Listen up, Speak up** training will show some signs a child might be at risk, and what you can do to help.

Sign up to our 10-minute digital training:
nspcc.org.uk/speakup



©NSPCC 2024. All rights reserved. Registered charity England and Wales 216401, Scotland SC037717 and Jersey 384. Photography by Adobe Stock. J20240014.